

Directions for the adult leading this experience:

1. Print off a copy for each person participating in this experience. Grab some crayons or markers.
2. Read the passage together (below).
3. Invite the child to imagine themselves in the boat with Jesus. How would they feel (afraid, anxious, excited)? What would they feel after Jesus yelled, "Peace" and the wind and waves died down?
4. Draw yourselves in the boat and color the sheet together.
5. Close with a short prayer, either led by you or the child.

On that day, when evening had come, he said to them, 'Let us go across to the other side.' And leaving the crowd behind, they took him with them in the boat, just as he was. Other boats were with him. ³⁷ A great gale arose, and the waves beat into the boat, so that the boat was already being swamped. ³⁸ But he was in the stern, asleep on the cushion; and they woke him up and said to him, 'Teacher, do you not care that we are perishing?' ³⁹ He woke up and rebuked the wind, and said to the sea, 'Peace! Be still!' Then the wind ceased, and there was a dead calm. ⁴⁰ He said to them, 'Why are you afraid? Have you still no faith?' ⁴¹ And they were filled with great awe and said to one another, 'Who then is this, that even the wind and the sea obey him?' ~Mark 4:35-41