

**SATURDAY**

**I AM A TEMPLE FOR  
THE HOLY SPIRIT!**

Do you not know that  
your bodies are temples  
of the Holy Spirit,  
who is in you, whom you  
have received from God?  
You are not your own;

1 Corinthians 6:19  
NIV

**kIDs cards**

## Think

God's Spirit lives inside of me.  
God is not far away, he is here with me.  
How I live in my body really matters.

## Pray

"Father, I'm so glad you have given me  
your Holy Spirit to help me."

"Father, I want your Spirit to give  
me joy, peace and patience."

"Father, I want your Spirit to make me  
loving, gentle and kind."

## Do

I will honor God by taking care of  
my body by getting good sleep,  
drinking enough water and  
eating good foods today.

(see 1 Corinthians 6:20)